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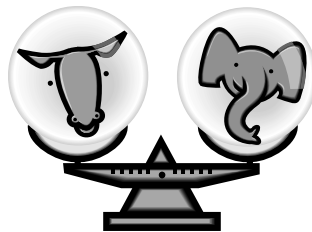
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♦ P.O. Box 450786 ♦ Kissimmee, Florida ♦ 34743
Caribbean & Floridian Association Newsletter

2006 Midterm Elections

Election Day is Tuesday, November 7th. Do you want change or the status quo? The answer lies in the choices of the voters. This election is just as important as the Presidential Elections, so mark your calendars and plan to vote. If you have moved since the last elections, don't forget to check on the Poll location for your neighborhood. You may also be able to vote early at your local library.



C.a.i.a. Meeting Dates

As is customary, the November and December meeting dates will be changed because of Thanksgiving Day and Christmas:

November: Saturday, 18th - CAFA Elections

December: Saturday, 16th - Christmas Party



Announcements

Congratulations to Ken and Casey Beckles, who are enjoying the arrival of their twin granddaughters, Kaia and Kera. We welcome the little ones and send them God's greatest blessings.



Proverbs

No matter how long the night, the day is sure to come.

The toad likes water, but not when it's boiling.

A loose tooth will not rest until it's pulled out.

Scholarship Awards 2006

"Educating Minds One Step at a Time - The Pillars of Success"



Award Recipients

- Warren King
- Jonathan Blenman
- Raquel Young
- Deanna Bryant
- Debbie Bryant
- Kanesia Brown

Community Award

Blaine Muse



We are all meant to shine

You are a child of God. Your laying small does not serve the world. There is nothing enlightening about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It is not just in some of us; it is in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.

From: A Return to Love by Marianne Williamson

Delilah Phillips & Cornelius Phillips

To Delilah on her graduation from National Louis University with a Masters Degree in Reading, and also her recent promotion to reading coach in Osceola County. She is currently one of only two minority reading coaches in the Osceola school district. Delilah has just begun work on her second Masters Degree, with a concentration in Ed. Leadership, which is one of the requirements for Assistant Principal position. God bless her in the quest for higher achievement! Delilah is the wife of Lloyd Phillips.

Cornelius Phillips recently graduated from Rollins College with a Bachelor Degree, majoring in Economics. He is currently employed with Sun Trust Bank, and plans to embark on his Masters Degree in the Fall. Cornelius is the son of Lloyd and Delilah Phillips

The family and friends wish great success for both Delilah and Cornelius in their future endeavors.

With Love and God's Blessings
Phyllis S. Phillips



Serious Note

A serious note about heart attacks:

Women should know that not every heart attack symptom is going to be the left arm hurting. Be aware of intense pain in the jaw line.

You may never have the first chest pain during the course of a heart attack. Nausea and intense sweating are also common symptoms.

60% of people who have a heart attack while they are asleep do not wake up.

Pain in the jaw can wake you from a sound sleep.

Let's be careful and be aware. The more we know, the better chance we could survive...



If I Had My child to Raise over again

If I had my child to raise all over again,
 I'd build self-esteem first, and the house later.
 I'd finger-paint more, and point the finger less.
 I would do less correcting and more connecting.
 I'd take my eyes off my watch and watch with my eyes.
 I would care to know less and know to care more.
 I'd take more hikes and fly more kites.
 I'd stop playing serious, and seriously play.
 I would run through more fields and gaze at more stars.
 I'd do more hugging and less tugging.
 I'd see the oak tree in the acorn more often.
 I would be firm less often, and affirm much more.
 I'd model less about the love of power,
 and more about the power of love.

CAFA Birthdays

We extend Birthday greetings to:

November

Joan Durant Bryan	17
Cheryl Reid Payne	18
Phyllis Phillips	19
Bernice DeSantos	25

December

Shirley Toussaint	9
Joy Martin	23
Heldon Ward	23
Noel Cadogan	24
Avril Alexander	25
Casmore Shaw	27
Monica Cameron	28



Sir Clyde Walcott

Sir Clyde Walcott, distinguished West Indies player, administrator, selector and manager died in his native Barbados on Saturday August 25 at the age of 80.

Clyde Leopold Walcott, with Everton Weekes and Frank Worrell, was one of the so-called 3 Ws who dominated West Indian cricket in the years after World War II. Walcott was educated at Barbados's most prestigious school, Combermere, and first played for the country at the age of 16. At one time in his Test career, he scored 827 runs in five Tests against Australia, including five centuries.

Walcott kept wicket before injuring his back

Something of an all-rounder, he served reliably as a wicket-keeper. When a back injury forced him to give up the position, it only improved his batting averages. He became a proficient slip-fielder instead, and even helped the West Indies team with his fast-medium bowling. In all, he played in 44 tests and scored 15 centuries. Towards the end of his career, he had a successful three-year spell playing in the Lancashire League.

Wonderful Walcott

Walcott was awarded an OBE in 1966 for his services to cricket and, in the 1970s, he managed several West Indies touring teams. Though he worked in business for many years, he maintained his cricket connections and, in 1993, was elected as chairman of the International Cricket Council, the first black and non-English person to hold the office. When he stepped down in 1999, Clyde Walcott became chair of the cricket sub-committee where he stated that anyone found guilty of match-fixing should be banned for life.

Asked why he continued to work so hard at the administration of his beloved game, he replied, "Cricket has done so much for me that I can't do enough for cricket."



Caribbean and Floridian Association, Inc. Mission

- To encourage kinship between Caribbean and other communities in Florida.
- Maintain an association of high standards, which promotes cultural awareness that contributes to the development of Central Florida.
- Open and maintain avenues of communication between people of the Caribbean and other ethnic groups, and their homelands.
- Foster educational, cultural, and business opportunities through networking, to further joint interests.
- Aspire to ultimate ownership of real property in Central Florida for the benefit of all members and entities.
- Work closely with the government to influence decisions that affect the community.

We welcome contributions from members and friends. Please submit your written material to our newsletter staff or mail to us at:
 Caribbean and Floridian Association, Inc., PO Box 450786, Kissimmee, FL 34745-0786

MEMBERSHIP APPLICATION

The Caribbean and Floridian Association, Inc. meets every month on the 4th Saturday at 6:00 p.m. at the YMCA, Thacker Avenue, Kissimmee.

Name _____ Birthday _____
 (Last) (First) (Month/Day)

Address: _____

City: _____ State _____ Zip Code _____

Home Phone: () _____ Business Phone: () _____

Annual Membership: ___ Family \$40.00 ___ Single \$35.00

[Mail completed application to: Caribbean and Floridian Association, Inc. PO Box 450786, Kissimmee, FL 34743-0786]

Caribbean and Floridian Association, Inc.
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 Kissimmee, FL 34743-0786

STAMP

TO: